



# Christian Vegetarian Association UK

Home of Veg4Lent

Working towards a violence-free world

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Dear

## A Vegetarian Diet for Lent

May we respectfully draw the attention of your Parish to this year's 'Veg4Lent' initiative, the aims of which are outlined within the attached promotional flyer.

The Veg4Lent campaign recognises that vegetarianism has held a contentious position within our Christian community since its formative period. It is a matter of individual Christian conscience, in deciding whether or not to receive Our Lord's message as lending support to contemporary ethical vegetarianism. An informed choice is therefore essential in addressing what has become a grave humanitarian issue, which will increasingly require both a credible and compassionate Christian response over the coming decades.

It is our aspiration to progressively share the insight that Christ's eternal teachings of Love, Mercy, Peace and Justice, need not be arbitrarily halted at the slaughterhouse gate. Indeed, we hope to demonstrate that God's love encompasses the animal kingdom too.

We therefore request permission to display the enclosed flyer on your church notice board, for the appraisal of your congregation. An accompanying full-colour poster and Study Guide, for church study groups, is also available, which addresses the issues raised and their implications in greater theological depth (free introductory booklet available on request). It is ultimately hoped that the 'Vegetarian diet during Lent' initiative will promote reflection and discussion in the wider Christian community offering a pragmatic response to today's injured world; a world in constant need of healing, through our participation with the grace of the Holy Spirit.

Yours in Christ,

On behalf of CVAUK .

## Vegetarianism Honours God's Creation

**Patrons: Pastor James Thompson** - the Animal Padre & Founder - Christians Against All Animal Abuse  
**Rev. J.R. Hyland** - Editor, Humane Religion, USA    **Antony Neesham** - Founder Veg4Lent  
**Fr Derek Reeve** - Catholic Priest (Retired), Southsea, Hampshire.  
**Samantha Chandler** - Correspondence Secretary, Anglican Society for the Welfare of Animals  
**Deborah Jones** - General Secretary & Editor of *The Ark*, Catholic Concern for Animals.

